"When my husband returned from a 12 month deployment overseas, it was apparent that things were never going to be the same." - Rachel Terry LPC-S, Founder and President of PTCC

PTCC WAS BORN OUT OF NECESSETY TO SAVE A LIFE AND OTHERS LIKE IT.

501c3 Established 2017
@pinetreescounselingcenter
#ptcc

Programs Waiting for Funding

Veteran/First Responder Scholarships
per person $500

Workshop: Healing Heroes
per participant $90

Caregiver Support Group
One Month $870

Community Trauma Awareness Training
$5000

Donate Now

Pine Trees Counseling Center, 501c3
7601 Gibson Cemetery Rd.
Mansfield, TX 76063
www.pinetreescounseling.org

Scan QR Code to Donate Online

PTCC
PINE TREES COUNSELING CENTER

MORE OF WHAT WORKS

To heal our nation's families.

PTCC

MISSION

To heal the servant leaders of our communities from the traumas they endure while protecting us.

We encourage treatment for the whole family - no one is left behind.

VISION

To live and grow in safe, empowered communities.

To identify as a nation that leaves no one behind after tragedy.

VALUES

We value and encourage:

Removing barriers to treatment
Family Health and Wellbeing
Freedom, Hope, and Authenticity

Overcoming Barriers

"I don't want to talk about it."

You don't have to talk about it with our treatment methods.

"It's too expensive."

You only pay what you can afford, and our donors cover the rest.

"I'll get fired if I go to therapy."

Everything is confidential with few exceptions. Since we are private pay, we don't even inform insurance about your treatments.

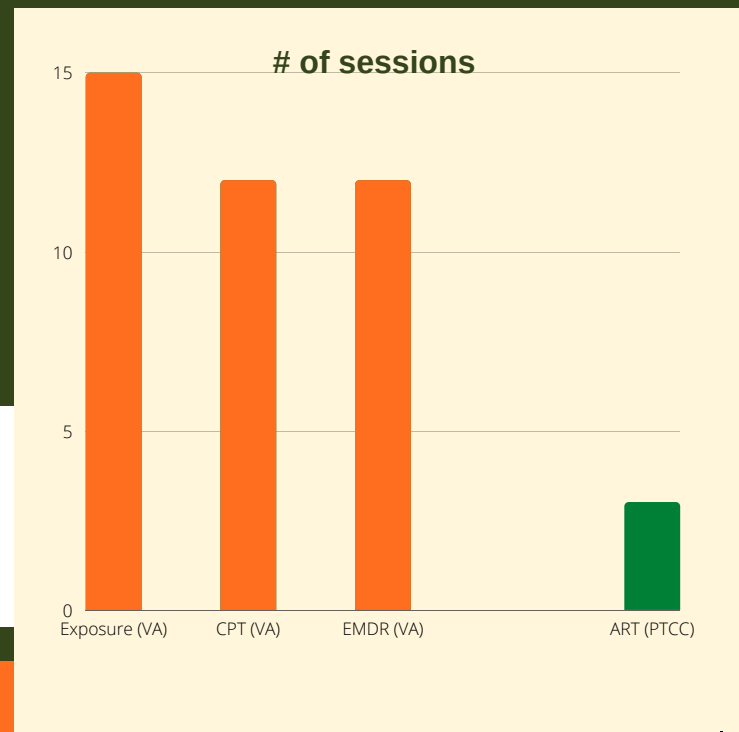"Other people had it way worse than me."

Trauma is neurological. If you're experiencing symptoms, it's a problem.. Your brain doesn't care that your *opinion* differs from it's *experience*. .

"I've already been to therapy and it made me worse."

I believe you, and that's why we use different approaches to therapy with the goal of getting just a little better every session instead of worse first.

PTCC PINE TREES COUNSELING CENTER

PTCC'S EVIDENCE BASED APPROACH IS SHOWN TO WORK 5X'S FASTER THAN APPROACHES USED BY THE VA.

# of sessions

15	
10	
5	
0	

Exposure (VA)   CPT (VA)   EMDR (VA)   ART (PTCC)